


# hair&nails



 **Content**

90 Piece / Tablets


PZN 4251868

RRP 41,60 €


240 Piece / Tablets

PZN 5463101


RRP 89,90 €

 **Recommended intake**

3 tablets / day

 **without**

artificial flavorings, artificial conservation, artificial colorants, genetic engineering

 **free of**

granulated sugar, sorbitol, fructose, lactose, gluten, yeast, peanut oil, soya protein/lecithin, gelatine

## Nourish. Strengthen. Nurture.

Burgerstein hair&nails contains an extract from millet and red algae, as well as a vitamin-trace element complex. In addition, the complex contains:

- biotin, folic acid and pantothenic acid
- the trace elements copper, calcium and zinc
- and L-methionine

Biotin contributes to the maintenance of hair and zinc supports the maintenance of nails. Folate/folic acid has an important function in cell division. Ideally, it should be taken for at least 3 months.

The Burgerstein hair&nails formula has been specially developed for the development and care of hair and nails. Nine active ingredients specifically support the metabolism of hair and nails, improve their quality and promote repair processes.

### Burgerstein hair&nails

- gives hair elasticity and liveliness
- promotes the strength and resistance of nails

The product is suitable for vegans and vegetarians.

## hair&nails supports...

- ... the maintenance of normal hair and for pigmentation
- ... tension and vitality
  - Biotin and zinc contribute to the maintenance of normal hair
  - Copper contributes to normal hair pigmentation
  - Folate/folic acid and zinc have a function in cell division
- ...the nails
  - Zinc contributes to the maintenance of normal nails
- ... promotes the strength and resistance of nails
- ... contains a high-quality plant extract from millet seeds with sulphur-containing amino acids and calcium-rich red algae
- ... with all other micronutrients contained, comprehensively supports the metabolism of hair and nails (e.g. silicon and calcium for strength, folic acid for cell division and growth).

## Millet seed extract

Millet seed extract contains a high proportion of silicic acid and silicon. Both nutrients are important for hair growth. In addition, silicic acid is a component of keratin, the hair component.

The terpenoid *miliacin* also seems to be particularly important for the effect of millet seed extract on hair loss. *Miliacin* is a phytosterol that regulates numerous metabolic processes in the cell wall. Phytosterols also have an anti-inflammatory effect, they block the formation of arachidonic acid, which is necessary for inflammation.



Nutritional values	Per daily portion (3 tablets)	NRV*
Biotin (B7/H)	150,00 µg	300%
Folic acid (B9)	400,00 µg	200%
Pantothenic acid (B5)	18,00 mg	300%
Calcium	256,00 mg	32%
Copper	1,00 mg	100%
Zinc	5,00 mg	50%
L-methionine	235,00 g	-

\*NRV = reference amount for daily intake according to the EU Food Information Regulation (LMIV)

**Ingredients:** Fillers (cellulose, sodium carboxymethylcellulose, cottonseed oil), calcium-containing red algae (26.6%), millet extract (16.2%), L-lysine hydrochloride (4. 2%), coating agents (hydroxypropylmethylcellulose, polydextrose, calcium carbonate, triglycerides, carnauba wax), anti-caking agents (silicon dioxide, magnesium salts of fatty acids), zinc gluconate, calcium D-pantothenate, copper gluconate, pteroylglutamic acid, D-biotin. Ingredients as of: 90 pcs. packing lot: 2206001 and 240 pcs. packing lot: 2205004

**Additional information:** Food supplements are not a substitute for a balanced nutrition. A balanced nutrition and a healthy lifestyle are important. Do not exceed the recommended daily dose. Store out of the reach of small children and at room temperature - please follow the corresponding package instructions. | RRP: Recommended Retail Price.