





EPO Nachtkerzenöl

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Content
90 Piece / Capsules
PZN 3972904
RRP 31,90 €
- 

Recommended intake
3 capsules / day
- 

without
artificial flavorings, artificial conservation, artificial colorants, genetic engineering
- 

free of
granulated sugar, sorbitol, fructose, lactose, gluten, yeast, peanut oil, soya protein/lecithin

The fountain of youth for cells & skin.

Burgerstein EPO Evening Primrose Oil contains pure, high-quality evening primrose oil as well as vitamin E. The fatty acids contained in evening primrose oil are important substances that the body cannot produce itself. Evening primrose oil can help to make dry skin supple and supports the regulation of elevated blood lipid levels. The vitamin E contained also helps to protect against the influence of free radicals.

EPO stands for Evening Primrose Oil. Evening primrose oil is a fatty oil obtained from the seeds of the evening primrose by extraction and/or pressing. It contains a high proportion of unsaturated fatty acids and γ -linolenic acid, i.e. omega-6 fatty acids, which support sensitive skin. The body cannot produce omega-6 fatty acids itself. Therefore, they have to be supplied with food. The body then builds omega-6 fats into the skin, among other things. There they presumably support the barrier function and contribute to the reduction of moisture loss.

EPO Nachtkerzenöl supports...

- ... helping to make dry skin supple
- ... regulates blood lipid levels
- ... strengthens the skin from the inside
- ... against hair loss and brittle nails
- ... the treatment and symptomatic relief of skin problems with accompanying itching

Evening primrose oil is a liquid obtained from the seeds of the evening primrose. It has a very high fat content and thus an oily consistency. The evening primrose seeds are intensively dried after cleaning to extract the oil. This reduces the liquid content, which is elementary for the quality of the oil. Only 9 % water may be contained. The oil is then cold pressed from the seeds. This process preserves the important ingredients.

- In order for the oil to have an optimal effect, one should pay attention to a high quality.
- Evening primrose oil unfolds its effect after approx. 4 weeks.



Nutritional values	Per daily portion (3 capsules)	NRV*
Vitamin E	30,00 mg	250%
Evening primrose oil	1.500,00 mg	-
thereof gamma-linolenic acid	135,00 mg	-

*NRV = reference amount for daily intake according to the EU Food Information Regulation (LMIV)

Ingredients: 500 mg cold-pressed evening primrose oil (with 84% polyunsaturated fatty acids, of which 45 mg gamma-linolenic acid). Capsule shell (gelatine, glycerine), vitamin E (d-alpha tocopherol).

Additional information: Food supplements are not a substitute for a balanced nutrition. A balanced nutrition and a healthy lifestyle are important. Do not exceed the recommended daily dose. Store out of the reach of small children and at room temperature - please follow the corresponding package instructions. | RRP: Recommended Retail Price.